





15th European Academy of Occupational Health Psychology Conference «Supporting knowledge comparison to promote good practice in occupational health psychology»

Symposium 12: «A comprehensive evaluation of multi-level interventions: Costeffectiveness assessment and process evaluation»

Process Evaluation of a Digital-Based Intervention to Foster Communication in an Italian Public Healthcare Institution and a Czech Retail Company

Davide Giusino¹, Ivana Šípová Fabianová^{2,3}, Marco De Angelis¹, Ilaria Rita Faiulo⁴, Rudolf Kubík³, Martin Tušl^{3,5}, Anna Zubková^{2,3}, Radvan Bahbouh³, Luca Pietrantoni¹

¹Department of Psychology, Alma Mater Studiorum – University of Bologna, Italy

²Department of Psychology, Faculty of Arts, Charles University, Prague, Czech Republic

³QED Group A.S., Prague, Czech Republic

⁴Health and Safety O.U., Azienda Unità Sanitaria Locale, Bologna, Italy

⁵Public & Organizational Health, EBPI, University of Zurich, Switzerland

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Digital interventions for team communication

So far, literature has paid little attention to digital interventions to train and develop teams despite

- digital transformation of work (Borle et al., 2020)
- need for implementing remote workplace interventions due to Covid-19 (Newman & Ford, 2021)

Especially, **communication** is a cornerstone of healthy teams (Franc, Bahbouh, & Kubík, 2019)



Sociomapping intervention...

- Grounded on Social Network Analysis (Wasserman & Faust, 1994) and Team Coaching (Clutterbuck et al., 2022)
- Based on software, data visualisation and participatory approach (Bahbouh, 2012)
- Aimed to promote desired team communication patterns

Structure of each session

Live data collection

(current, desired, importance, quality)



Real-time visualisation of sociomaps



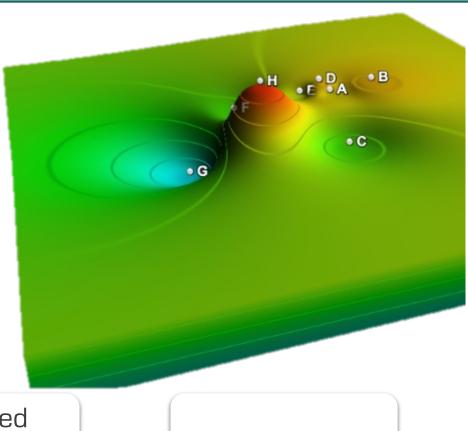


Facilitated collective discussion

(develop team awareness)



Creation/review of action plans



...in a small-sized retail company Czech Republic

1st session (3h)

Current and desired communication

3rd session (2h)

Final debriefing

MAY 2021



4 months



4 months



FEBRUARY 2022

2nd session (2h)

- Quality and importance of communication
- Feedback and progress

Czech Republic: 15 teams from 6 departments. 4-17 members per team (N = 118). 41% women, mean age range = 30-40. Held online.

...in a large public healthcare institution ltaly

1st session (3h)

Current and desired communication

3rd session (2h)

• Feedback and progress

MAY 2021



2 ½ months



2 ½ months



2 ½ months



DECEMBER 2021

2nd session (2h)

 Quality and importance of communication 4th session (2h)

Final debriefing

Italy: 7 teams from 3 departments. 6-13 members per team (N = 62). 74% women, mean age = 47. Held online.

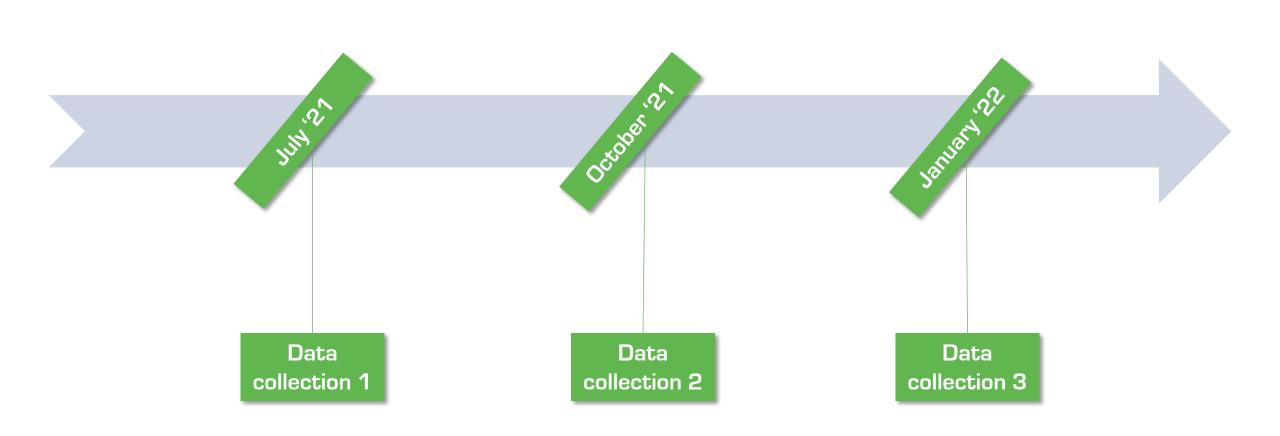
Research question

Which contextual factors have most impact on transfer and implementation across the two intervention sites?

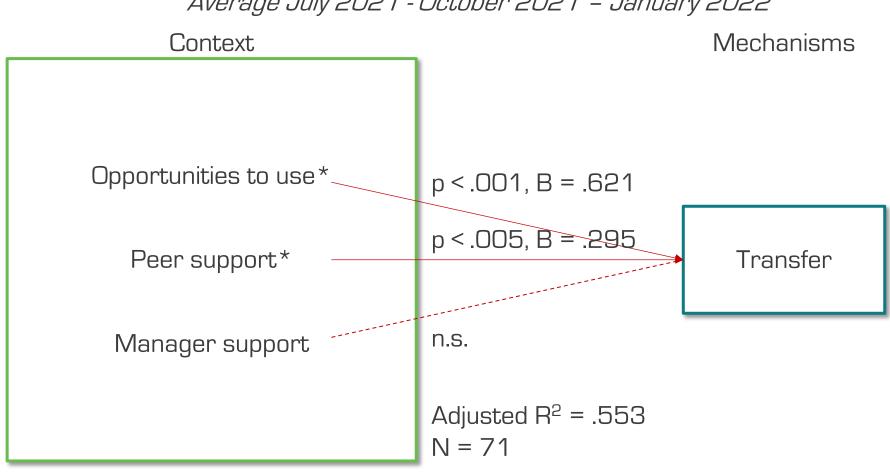
Process measures Throughout intervention sessions

Context	Example item
Opportunities to use	We have been given the tasks, resources, and information necessary to apply the skills and knowledge we learned on training.
Peer support	We encourage each other to use the skills we have learned in training.
Manager support	Our immediate manager helps to make our work easier.
Mechanisms	Example item
Transfer	We successfully manage to apply the training contents in our everyday work.
Implementation	In our team, we have implemented the planned action plan(s).
	All Cronbach's α > .70.

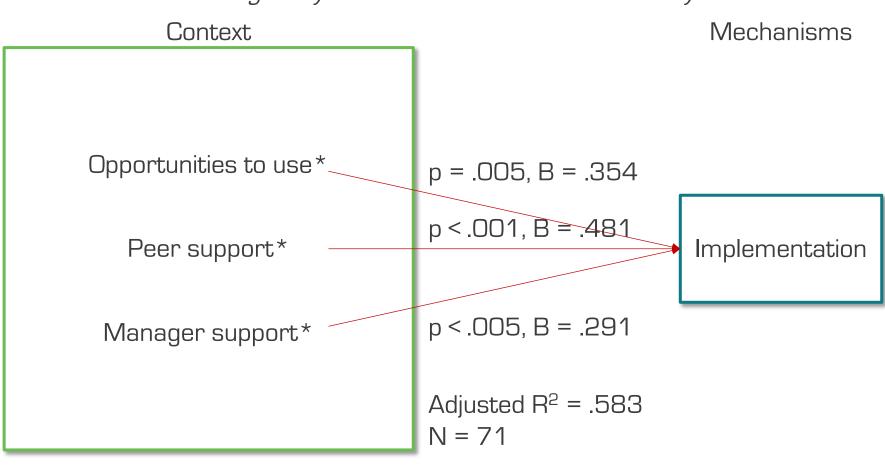
Data collection timeline Context and mechanisms



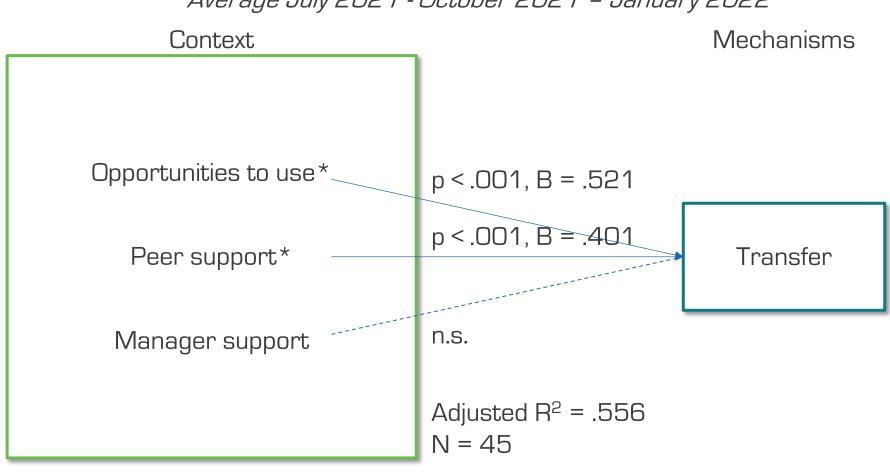
Results Test of CM configurations - Czech Republic



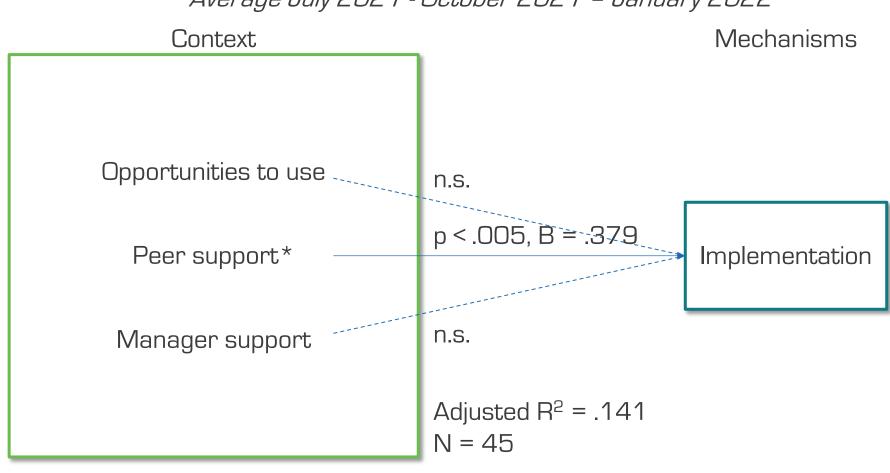
Results Test of CM configurations – Czech Republic



Results Test of CM configurations – Italy



Results Test of CM configurations – Italy



Discussion

- Cross-country differences might be explained in terms of differences in
 - implementation **processes** *e.g., number and contents of sessions*
 - implementation **context** *e.g., type of organisation and cultural differences*

Limitations, future research, and practice

Limitations

- Outcomes to be added to test CMO configurations
- Lack of statistical power to run more complex models
- Qualitative research to be integrated to nuance findings

Research implications

- Future process evaluation studies may be inspired

Practical implications

 Managers and OHP practitioners may design interventions in order to provide opportunities for using learnings and knowledge, peer support, and manager support depending on implementation processes and contexts







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