

Best practices implementing IGLD Health interventions in Organizations: The EU H-WORK Framework

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Aim: To design, implement and validate effective multilevel assessment and intervention toolkits to promote mental health in SMEs and public organizations



★ Intervention sites

14 partners

9 European countries

Different type of partners:

- 7 Universities
- 2 SMEs
- 2 European associations
- 1 Public Health Service
- 1 Private company
- 1 Non-gubernamental Organization

Project Coordinator



Luca Pietrantoni

BOTTOM-UP & PARTICIPATIVE APPROACH



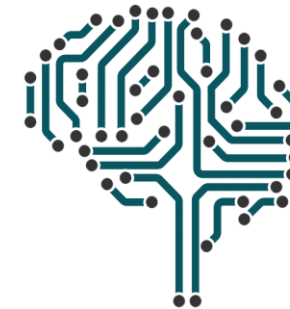
**POSITIVE OCCUPATIONAL HEALTH
PSYCHOLOGY**



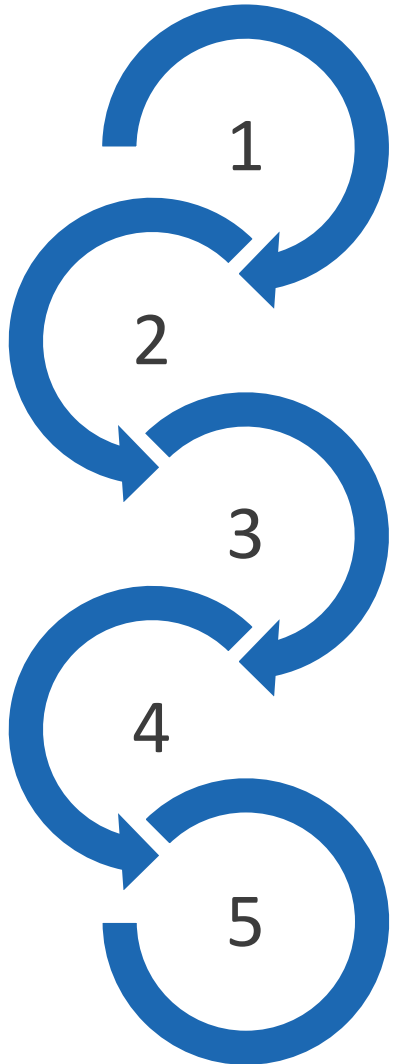
**H-WORK
CONCEPT**



MULTI-LEVEL INTERVENTIONS



APPLICATION OF DIGITAL TECHNOLOGIES



A SYSTEMATIC REVIEW OF MULTILEVEL INTERVENTIONS REGARDING MENTAL HEALTH OUTCOMES IN ORGANIZATIONS (Vince Pelzer; The Netherlands)

DESIGN AND IMPLEMENTATION OF MULTILEVEL POSITIVE PSYCHOLOGICAL INTERVENTIONS ON THREE SPANISH SMES (Josefina Peláez, Spain)

IMPLEMENTING MULTI-LEVEL INTERVENTIONS TO SUPPORT MENTAL HEALTH IN A CZECH RETAIL COMPANY (Dorota Lofajová, Czech Republic)

IMPLEMENTING POSITIVE PSYCHOLOGICAL INTERVENTIONS IN AN ITALIAN HEALTHCARE ORGANIZATION (Edoardo Pische, Italy)

THE SENIOR MANAGERS' PERCEPTION OF THEIR ROLE IN IMPLEMENTING H-WORK INTERVENTIONS FOR MENTAL HEALTH AND WELL-BEING (Marit Christensen, Norway)