



ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA



European Semester of
Psychology in Italy

Psychological science and profession for increasing
health in society

July - December 2023



**MULTI-LEVEL INTERVENTIONS TO PROMOTE MENTAL HEALTH
IN SMEs AND PUBLIC WORKPLACES**

H-WORK Final Event September 29th 2023

Definitive program

Venue

Aula Magna, Department of Education Studies «Giovanni Maria Bertin»

Address

Via Filippo Re 6 | 40122, Bologna – Italy



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Time	
8.30 – 9.00	Get together
9.00 – 9.30	<p>Welcome messages</p> <p>Prof. Luca Pietrantoni, H-WORK Scientific Coordinator, UNIBO</p> <p>Prof. Alberto Credi, Vice-Rector for Research, UNIBO</p> <p>Prof. Elvira Cicognani, Head of the Department of Psychology</p> <p>Prof. Maurizio Fabbri, Head of the Department of Education Studies</p> <p>Sergio Lo Giudice, Metropolitan City, Delegate for Labor</p> <p>Prof. Santo di Nuovo, University of Catania, President of the Italian Network Psychologists Association, INPA</p>
9.30 – 10.30	<p>The H-WORK Project Journey and Key Exploitable Results</p> <p>Dr. Greta Mazzetti and Dr. Marco De Angelis, University of Bologna</p> <p>H-WORK Innovation Platform Demonstration</p> <p>Lucia Volpi e Audrey Antonio, University of Bologna</p> <p>Healthcare Workers' Experiences with H-WORK During the Pandemic</p> <p>Dott.ssa Paola Pesci, AUSL Bologna</p>
10.30 – 11.00	Active & Coffee break
11.00 – 12.30	<p>Lessons Learnt from H-WORK</p> <p>Chairs: prof. Rita Chiesa and Dr. Giulia Paganin, University of Bologna</p> <p>Speakers:</p> <p>Prof. Marit Christensen, NTNU “The HAT Needs Assessment Tool – Possibilities and Challenges”</p> <p>Dr. Maggie van den Heuvel, UvA, “Tools to intervene and tips for implementation”</p> <p>Prof. Carolyn Axtell, USFD “Realist evaluation in organisations”</p> <p>Prof. Marisa Salanova, UIJ “The positive psychological approach”</p> <p>Dr. Judith Schmitt, QED “Team-based interventions”</p> <p>Prof. Beate Muschalla, TUB “Challenges in individual interventions” (video or remote)</p> <p>Q&A Session</p>
12.30-13.00	<p>Keynote speakers</p> <p>“Change - an ergonomist’s perspective on changing work, changing workload and changing workers”</p> <p>Frank Krause, TNO</p>

13.00 – 14.00	Lunch buffet
14.00 – 15.30	Roundtable on H-WORK Policy Briefs and Policy impact Chairs: Sabine Steyaert & Bruna Zani, EFPA Panelists: Christine Marking, EFPA Richard Wynne, ENWHP Francisco Gonzalez, VALORA Annalisa Senatore, BE OPEN Dr. Cristian Vasquez, USFD Gesine Schrade, HelloBetter Prof. Emmanuel Aboagye, KI/NTNU Dr. Tom Van Daele, PsyTS Dr. Davide Giusino, UNIBO
15.30 – 16.00	Active & Coffee break
16.00 – 16.30	Keynote speakers “New challenges in psychosocial risk prevention” Sarah Copsey, European Agency for Safety and Health at Work
	Closing remarks Chair: Prof. Dina Guglielmi, University of Bologna, Coordinator for the Section “Organisational Psychology” of the Italian Psychology Association (AIP)
16.30-17.00	Mara Bernardini, Workplace Health and Safety Area, Regione Emilia Romagna Prof. Francesco Violante, University of Bologna Prof. Marco Depolo, University of Bologna
17.00 – 18.30	Cocktail, Mocktail and greetings

Travel information



We are excited to host you in the historical city of Bologna. Please find below all the necessary travel information to help you reach the city smoothly.

For attendees travelling by air, Bologna Guglielmo Marconi Airport (BLQ) will be your destination. It is well-connected with major international and domestic airports.

<https://www.bologna-airport.it/en/destinations/?idC=62180>

Upon arrival, you can catch the **Marconi Express** - a monorail link that connects Bologna Airport to Bologna Central Station. The service operates from 5:40 am to midnight, 365 days a year, with departures every 7.5 minutes at peak times. The travel time is just 7 minutes, the cost is 11.50€ and it is a comfortable and convenient way to reach the city centre.

From the airport:

- Follow the signs for the Marconi Express located at the arrivals.
- Purchase a ticket from the automatic ticket machines or online prior to your journey.
- Board the monorail and disembark at the Bologna Central Station stop.

Bologna is also easily accessible by rail. If you're travelling by train, your destination will be the Bologna Centrale railway station, one of Italy's most important train hubs. It offers high-speed links from various Italian cities such as Milan, Venice, Rome, and Florence, among others.

<https://www.trenitalia.com/en.html>

<https://www.italotreno.it/en>

Once you've reached Bologna Centrale:

- Exit the station and take a moment to enjoy the impressive architectural beauty of this historical building.
- If your accommodation is in the city centre, it's a short 15-minute walk.
- You can catch a bus (e-ticket on the bus with credit card or smartphone wallet) or a taxi from the ranks outside the station.

Once you're in Bologna, getting around is simple. The city centre is compact and ideal for walking. If you prefer, there is a comprehensive network of buses, and taxis are readily available.

Remember, Bologna is known for its porticoes, so you can explore the city while being sheltered from sun or rain. Enjoy your time in our beautiful city and prepare yourself for an exciting event!

We look forward to seeing you in Bologna!

